



Appalachian Regional Healthcare

CHAPLAINCY SERVICES

Director Sam Stacy

***ARH Chaplaincy Services-
Connecting Patients and Staff
with the God of Grace, Mercy
and Peace.***

Empowering with Encouragement

- NEW YEARS RESOLUTION
- Be an encourager in 2022!
- Look for ways to encourage, to build up others
- Look for opportunities to be a blessing to others
- [Thessalonians 5:11](#)
Therefore comfort each other and edify one another, just as you also are doing.

Empowering with Encouragement

“The power of life
and death resides
in the tongue.”

Proverbs 18:21

Empowering with Encouragement

Since ***the power of life resides in the tongue***
We especially as healthcare chaplains should **seek to use it for life!**

“Anxiety in a man’s heart weighs him down, but a good word makes him glad.” ~ Solomon, King of Israel; Proverbs 12:25

Use “good words to make others glad.”

Empowering with Encouragement

Words that we need to share:

- Words of Hope
- Words of Encouragement
- Words of Joy
- Words of Peace
- Words of Faith
- The Word of God

Empowering with Encouragement

Joshua 1:9 *Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.”*

Empowering with Encouragement

Isaiah 40:31 *But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.*

Empowering with Encouragement

Jeremiah 29:11-14 *For I know the plans I have for you, declares the LORD, plans for good and not for evil, to give you a future and a hope.*

Empowering with Encouragement

Psalms 37:4-5 *Delight yourself in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act.*

Empowering with Encouragement

Psalms 37:23-24 *The steps of a man are established by the LORD, when he delights in his way; though he fall, he shall not be cast headlong, for the LORD upholds his hand.*

Empowering with Encouragement

Philippians 4:6-7 *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.*

Empowering with Encouragement

Deuteronomy 31:6 *Be strong and courageous. Do not fear or be in dread of them, for it is the LORD your God who goes with you. He will not leave you or forsake you.”*

Empowering with Encouragement

“... fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.” ~ Almighty God; Isaiah 41:10

Empowering with Encouragement

So I encourage you during your visits to:

- plan to have words to share
- encourage our patients with God's Word
- build up everyone that we meet
- cause those that are hurting to be refreshed through God's Word.

Empowering with Encouragement

But what do we do when the patient has been told that they have cancer, going to lose a leg or arm, just diagnosed with diabetes?

What about when a family member is being moved to Hospice Care?

What then?

Empowering with Encouragement

- Monitor your body language
- Don't try to change the subject
- Don't deny it
- Don't try to fix it
- Be empathetic, be compassionate
- Look for words that build up and encourage

Empowering with Encouragement

The Definition of the word encouragement is ***the action of giving someone support, confidence, or hope.***

Empowering with Encouragement

But how?

**How can we inspire courage
in others?**

Empowering with Encouragement

It's really quite simple!!

**Through God's inspired
Word!!!**

Empowering with Encouragement

2022 GOALS:

- Empower with Encouragement
- Look for Opportunities to build others up
- Get others involved in the Chaplain ministry
- Expand our own ministries outside of our comfort zones
- Put God first in every thing that we do

Empowering with Encouragement

2022 Opportunities:

- 7 Minute Sermons in Chapel especially on holidays
- Daily scripture reading and prayer over the PA
- Chaplain's Retreat
- Flag Pole Prayer meetings
- Blessing of the Hands Ceremony
- Just get involved!!

Questions???